

Small Group Sample Schedule and pointers

In all reality, you can make your small group time as short or as long as you want, but always have a set time in place. The following sample schedule is simply a helpful example of what you can potentially do in a half-hour time frame. However, for many small group experiences, having a set time in place and an organic discussion is the best way to grow. Hopefully growing in openness and closeness with the people you've chosen to walk with this Lenten season and hopefully beyond.

Sample Schedule

9:00 am: Meet and Check-in

- Grab your coffee (tea, water, whatever... Get comfortable and create an inviting environment).
- A **“Check-in”** consists of sharing your highs and lows of the week. What was really difficult or stressful about the week? What gave you joy and life this week? There doesn't have to be a “low” but there is always a “high”!

9:10: Use the resources that you've chosen from the St. Jude website to lead your topic of discussion. You can also use the following questions that can be helpful on your Lenten journey:

- What does it mean to be in a relationship with someone?
- What does it mean to have a relationship with Jesus?
- How can I grow in my relationship with Jesus? Do I want to?

9:25: End in a prayer

- This can be offering others intentions for the week
- A novena or specific prayer you've chosen for your group
- Just some form of prayer as long as you're offering your group to the Lord and for the plans, he has for you.

Other topics of Discussion can be:

- Who am I?
- Do I rejoice in who I am?
- How meaningful is my life?
- How real is God for me?
- What is God's plan for me?
- How open am I to God's plan for me?

Feel free to ask more questions that come to mind and let the Holy Spirit guide you in the discussion. You do not have to go question by question, but it's best for the group to come together and be open and grow in relationship with those in your group and especially grow in relationship with the Lord.

My Small Group

Name: _____ Email: _____

Name: _____ Email: _____

Name: _____ Email: _____

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